Coronavirus (Covid-19)
Going for a virus test
Coronavirus is sometimes called Covid-19

It can affect your lungs and your airways. Most people who get the virus will not be very ill. Some older people or people who already have health problems may become more ill.
If you get this virus

- you might have a cough
- a sore throat
- a high temperature
If you have symptoms
You might need to get a test

The test will tell the doctors if you have the virus
You might have to travel to get the test
You might have to wait for your turn
The test is quick

It's ok to be worried about the test.
The test has 2 parts:

The first part is the nose test.

The staff will take a cotton swab
They will tell you to tip your head back
They will put the cotton swab in your nose
It has to go up your nose
It may feel strange but does not hurt
Try to stay still
It is over quickly

Remember this will help you to stay safe
The test has 2 parts:

The second part is the throat test.

The nurse will take a different cotton swab
She will tell you to open your mouth wide
She will put the swab in your throat and move it around
It does not hurt, but it can feel strange
Try to stay still
It is over quickly

Tell the nurse if you feel like you are going to be sick.
After the test you can relax

You can be proud that you have been brave
You have to wait to find out if you have the virus
This is ok.

The staff will tell you what is going to happen next.
If you are worried you can speak to your family, carers or staff that support you.

It is ok to be worried but the staff can help