

Research and Development Newsletter

April 2016

Surgery: Regenergy's Study

Deborah Wilson and Research Scientist Liz Baker received flowers and a card from the study that they are both involved in from **Regenergy's breast patient study** in March 2016!

Cardiology: RELAX 2 study

Well done to research nurses Louise Parkin and Julie Quigley and PI Justin Carter, who have successfully met the recruitment target for the **RELAX2** study. Due to the success of the team in delivering the study at the trust, we will have a visit from the sponsor's Global recruitment team at the end of the month to learn lessons from the team here and to see the patient pathway and the strategies used to recruit the patients. Both Louise and Julie have been asked to discuss our success at the upcoming **RELAX-AHF 2** Nurses and Study Co-coordinators Meeting in Manchester in April. A team of professionals will be having a walk around North Tees Hospital

GI: COSMO study

This was the first commercial study for the GI team, and with only 2 sites open in the UK there was pressure on us to deliver to time and target. Problems included a delay with the delivery of the drug and numerous technical problems with the video recording equipment used to record the procedure. After a steady start with recruitment we liaised with the BCSP and began to screen their patients which led to a huge increase in those wanting to take part and a busy period for us just trying to fit the patient visits in, complete e-CRFS and dealing with the intense monitoring visits.

Despite these issues and the fact that the study closed early, the team exceeded their recruitment target of 15, recruiting 16 patients ahead of time.

Well done to the team for their hard work on this study— Research Nurses Deborah Wilson, Anne Eastick, Tracey Johnston, Carol Adams and Data Assistant Deborah Smith, Dr Matt Rutter as PI and the whole GI team at North Tees.

A&E: CRASH-3 Study

The research team were awarded 2 BRONZE medals from the clinical trial site for their recruitment figures in the week of (26/02/16 - 03/03/16), THANK-YOU to Dr Kayode Adeboye and team (University Hospital of North Tees) for obtaining 2 bronze medals for the CRASH 3 Study.

Orthopaedic: FROST study

Congratulations to Mr Nanda and the team on being the top recruiters in March 2016 along with Northumbria Trust. Thank you!



Sharing Good News Accomplishments

Physiotherapy & Podiatrist Independent Prescribing (PP-IP) study

Lynne Williams, Research and Development Coordinator for North Tees and Hartlepool NHS Foundation Trust, has put the Trust into the top 5 for highest recruiting sites for the above study

Well done Lynne what a great achievement!

Podiatry Team: REFORM Study award:

At the recent North East and North Cumbria Quality Improvement Awards 2016. The Podiatry Team Won "Community Research Engagement Initiative of the Year" for their work on the REFORM Study.

Respiratory Team: DECAF Study

DECAF: "Internal and external validation of the DECAF scoring system, a prognostic score to predict inpatient mortality in acute exacerbations of Chronic Obstructive Pulmonary Disease"

Carlos Echevarria from Northumbria Hospital was undertaking research on a respiratory study called the DECAF study at Northumbria Hospital as part of his training. Carlos was looking at a mortality tool to be incorporated in to the NHS. Our Respiratory team contributed to the study by recruiting patients.

The study has now ended and results have been presented to the Lung Health team. This will be an excellent and valuable respiratory tool for all to use.

This is a really important presentation to share, showing how the results from these studies do go on to inform practice.

The conclusion from the DECAF study is that it worked so well that other professionals are wanting to use it. It is also going to be incorporated in to the British Thoracic Society (BTS) guidelines in the near future.

The presentation given by Carlos Echevarria is now available on the R&D Intranet page.

Please follow link below for full presentation.

<http://commsport/Departments/rd/Useful%20Documents/Forms/AllItems.aspx>

Hepatology: ATTIRE Study

A huge festive thank you was given to Principal Investigator Professor Jane Metcalfe and Research Nurses Tracey Johnston, and Anne Eastick and the Doctors at North Tees from the ATTIRE Study team. A thank you gift voucher worth £40.00 from Marks and Spencer was shared between the team. They were top national recruiters in February 2016.

"A massive thanks for your (& team) work so far with ATTIRE – it is very much appreciated.

Your currently neck & neck with Liverpool in joint 4th place in our recruitment table which is excellent."

Obs and Gynae: Incinerators BioMonitoring study

A big thank you to our research Nurse Anne-Marie Jones from Obs and Gynae. for her their help in recruiting the participants to our study, and for completing the status checks when required so promptly" "Your efforts have certainly made a substantial contribution to this important research"

"Pippa (colleague) has informed me of the excellent news that 12 out of 20 women provided us with samples, 11 of whom were able to provide two samples". "Many thanks again – your time and input has been very much valued and appreciated.

Research & Development Team and Research Delivery staff.

R&D Team:

Director—Professor Samir Gupta

Manager—Jane Greenaway

Team leader—Lynne Williams

Facilitator—Helen Talbot

Administrator—Pauline Shepherd

Data Assistant—Jean Bage



R&D Research Delivery staff:

Cardiology—Julie Quigley & Louise Parkin

Paediatrics—Gabrielle Osborne & Heather Walker

Neonates—Wendy Cheadle & Julie Colarossi

Respiratory—Nicola Bateman, Lynda Poole, June Batram, Claire Irish & Research Assistant Angela Scott-Johnson

Obs & Gynae—Sharon Gowans & Alison Samuels

A&E—Laura O'Rourke

Diabetes—Susan Kelsey

Dermatology—Sue Kelsey

Stroke—Susan Crawford

Cancer—Helen Wilson & Sarah Essex

GI /Hepatology—Carol Adams, Deborah Wilson, Tracey Johnston, Anne Eastick &

Data Assistant —Deborah Smith

If you have any good news research stories to share with us we would love to feature them in our next newsletter so please email Jean and tell us what you have been up to... Jean Bage on:

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For more information (internal) please select below link:

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